



THE LEADER IN HIP PROTECTION

HipSaver® Hip Protectors

Protecting People from Fall Related Hip Injuries

Proven. Validated in biomechanical tests. Created with care for real life.

Unique. Breakthrough design utilising innovative patented technology.

User friendly. All soft with thin tapered padding. Cosy to sleep in.

Convenient. Washable and dryable to high temperatures (95°C).

High Compliance. Proven in clinical studies and in widespread usage.

In UK since 2002 and widely used in the NHS and Private Care.

		
SlimFit Regular for the fashion conscious	Nursing Home Style for roomy inside	QuickChange for speedy convenience
		
TailBone	OpenBottom Standard	SlimFit Fly
		
Handles	EasyFit	OpenBottom SnapOn



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Guidance for Independent Users of HipSaver User Friendly Soft Hip Protectors

HipSaver soft hip protectors can help to prevent fall related hip injuries, but only when/if the HipSaver padded underwear is worn at the time of a fall. It is important to wear HipSaver during the day - every day - and also at night, because falls frequently occur at night.

The effects of falling can be devastating, especially, when serious hip injuries are sustained. Many people become bed-bound and even permanently lose their independence.

You should consider using external hip protection, if any of the following apply to you:

- **You are thin and frail**
- **You have osteoporosis – weakened bones**
- **You are a smoker**
- **You have previously suffered a fracture(s)**
- **You have a family history of hip fracture (i.e. your mum had one)**
- **You have problems with balance, postural stability or gait**
- **You have a tendency to trip, slip or “bump into things”**
- **You have a tendency to fall and/or you have fallen previously**
- **Your muscles are weak and your agility is low**
- **You have impaired vision**
- **You have episodes of dizziness**
- **You suffered a stroke**
- **You have Parkinson’s Disease**
- **Your doctor/nurse/carer advised you to wear hip protectors**

You should ensure that your risk of falls in your own home is minimal – for example, you can improve lighting, fit hand rails on stairs, remove loose floor coverings and clutter that could precipitate your fall.

Next **you must decide** on the best hip protector style for you. For instance – you can choose the attractive SlimFit model, if you are fashion conscious - or the roomy Nursing Home model for improved comfort. Or perhaps you can opt for the SlimFit to wear during the day and consider the roomier Nursing model as a night time protector. If you have a problem with continence – the QuickChange model will allow you to change your personal pads easily and conveniently. OpenBottom models are best for people with special needs (i.e. requiring catheters) or a night time wear. OpenBottom SnapOn version can be wrapped over incontinence products and fasten with 3 easy snaps. EasyFit is for people who have difficulties stepping into garments.

Measure yourself at the widest point of your hips – at the top of your thigh bone – then match your personal hip measurements with the chart below. There are 7 sizes available – choose the size closest to your own measurements. The “regular” versions of the SlimFit and Nursing models are suitable for both ladies and for men. The “fly” version is for men only.

Colours: HipSaver SlimFit “regular” for ladies is available in a choice of white or beige colours. SlimFit Fly, OpenBottom and EasyFit styles are in white only. Other styles are made in a practical beige colour that is resistant to discolouration and staining.

HipSavers are easy to launder in domestic washing machines and can be tumble dried. The protective pads are sewn permanently into the garments and you can wash HipSavers like your normal underwear. You should consider how often you can do your washing, as this will help you to establish how many pairs you need. Remember that the objective is to wear a HipSaver at all times – day and night!




Protect yourself, protect your hips - feel safe and confident to enjoy your life – wear your HipSaver hip protectors night and day - all the time! The soft pads are thin and discreet and will not show underneath your normal clothing – no one will know but you!

TailBone models incorporating an additional pad that covers the tail bone area to protect from the effect of falling backwards are available in SlimFit, Nursing Home, QuickChange and EasyFit styles. **Easy Pull-Up Handles** for people with poor grip can be added to all models.

*****Please note that HM Customs do not allow VAT exemption on hip protectors.**

Private Purchase Order Form

Name			
Organisation			
Address			
Postcode			
Telephone number			
Fax number			
Order number		Date	

 *W in white *F in beige colour	SlimFit *W & *F		Regular	Fly	Tailbone	Handles
		*W	*F	*W	*W *F	
	Hips 24-27" (60-69cm)	XXS				
	Hips 28-31" (70-81cm)	XS				
	Hips 32-35" (82-92cm)	S				
	Hips 36-39" (93-102cm)	M				
	Hips 40-44" (103-114cm)	L				
	Hips 45-50" (115-127cm)	XL				
	Hips 51-57" (128-146cm)	XXL				
Total SlimFit						
	Nursing *F only		Regular	Fly	Tailbone	Handles
	Hips 24-27" (60-69cm)	XXS				
	Hips 28-31" (70-81cm)	XS				
	Hips 32-35" (82-92cm)	S				
	Hips 36-39" (93-102cm)	M				
	Hips 40-44" (103-114cm)	L				
	Hips 45-50" (115-127cm)	XL				
	Hips 51-57" (128-146cm)	XXL				
	Total Nursing					
	QuickChange *F only		Unisex	Tailbone	Handles	
	Hips 24-27" (60-69cm)	XXS				
	Hips 28-31" (70-81cm)	XS				
	Hips 32-35" (82-92cm)	S				
	Hips 36-39" (93-102cm)	M				
	Hips 40-44" (103-114cm)	L				
	Hips 45-50" (115-127cm)	XL				
	Hips 51-57" (128-146cm)	XXL				
	Total QuickChange					
	EasyFit W*		Unisex	TailBone	Handles	
	Hips 24-27" (60-69cm)	XXS				
	Hips 28-31" (70-81cm)	XS				
	Hips 32-35" (82-92cm)	S				
	Hips 36-39" (93-102cm)	M				
	Hips 40-44" (103-114cm)	L				
	Hips 45-50" (115-127cm)	XL				
	Hips 51-57" (128-146cm)	XXL				
	Total EasyFit					
 	OpenBottom Standard Open Bottom Snap	W* only	OB Standard	OB SnapOn	Handles	
	Hips 24-27" (60-69cm)	XXS				
	Hips 28-31" (70-81cm)	XS				
	Hips 32-35" (82-92cm)	S				
	Hips 36-39" (93-102cm)	M				
	Hips 40-44" (103-114cm)	L				
	Hips 45-50" (115-127cm)	XL				
	Hips 51-57" (128-146cm)	XXL				
	Total OpenBottom					

HipSavers with hip pads only cost £39.94; HipSavers with TailBone Pads cost £45.81; Handles added free on request. Please add postage: £4.11/1 pair; £7.05/2+ pairs. All prices include VAT at 17.5%.